

Men's 5,000 metres

Records

Open	12.55.76	Craig Mottram	VIC	London, GBR	30.07.2004
U/20	13.25.63	Mizan Mehari	NSW	Hechtel, GER	07.08.1999
U/18	14.14.35	Ryan Gregson	NSW	Sydney	24.11.2007
U/16	n.a				

www.runnerstribe.com

Ranking	Performance	Athlete		State	DOB	Position	Venue	Date	
1	12.55.76	Craig	Mottram	V	180680	2	London, GBR	30.07.2004	
	12:56.13		<i>Mottram</i>			2	London, GBR	22.07.2005	
	12:58.19		<i>Mottram</i>			2	Melbourne, CWG	20.03.2006	
	13:03.37		<i>Mottram</i>			5	Bergen	11.06.2004	
	13:04.06		<i>Mottram</i>			1	Sevilla	04.06.2005	
	13:04.97		<i>Mottram</i>			1	Ostrava	27.06.2007	
	13:08.96		<i>Mottram</i>			7	London, GBR	28.07.2006	
	13:10.47		<i>Mottram</i>			7	Hengelo	31.05.2004	
	2	13:10.97	Collis	Birmingham	V	271284	9	Eugene, USA	03.07.2010
		13:11.99		<i>Mottram</i>			1	Melbourne	21.02.2008
13:12.04			<i>Mottram</i>			2	Melbourne	07.03.2002	
13:12.93			<i>Mottram</i>			2h2	Helsinki, WC	11.08.2005	
13:14.36			<i>Mottram</i>			12	Berlin	06.09.2002	
13:14.53			<i>Birmingham</i>			13	Oslo, Norway	03.07.2009	
3	13:14.82	Lee	Troop	V	220373	2	Melbourne	25.02.1999	
	13:15.92		<i>Birmingham</i>			4	Torino, ITA	12.06.2010	
	13:16.26		<i>Birmingham</i>			1	Melbourne	05.03.2009	
4	13:16.60	Ron	Clarke	V	210237	1	Stockholm, SWE	05.07.1966	
	18 sub 13.17.00 performances								
5	13:17.42	David	Fitzsimons	S	230450	3	Dusseldorf, GER	04.09.1977	
6	13:17.76	Shaun	Creighton	V	140567	7	Lausanne, SUI	05.07.1995	
7	13:22.10	Steve	Austin	V	140251	7	Oslo, NOR	15.07.1980	
8	13:23.31	Peter	O'Donoghue	V	11061	1	Melbourne	25.02.1993	
9	13:23.37	Gerard	Barrett	Q	311256	1	Christchurch, NZL	20.01.1979	
10	13:23.56	Michael	Power	V	90576	4	Osaka, JPN	12.05.2001	
(10)									
11	13:23.80	Bill	Scott	V	80252	1	Melbourne	23.01.1980	
12	13:24.22	Julian	Paynter	V	150770	3	Melbourne	19.11.1995	
13	13:24.56	Mizan	Mehari	A	281280	8h	Sydney	27.09.2000	
<small>(Mehari was still classified as an Ethiopian up until 1999, and actually ran a faster time in 1998 of 13.20.85 - 25th February, Melbourne)</small>									
14	13:24.63	Andrew	Lloyd	N	140259	1	Melbourne	25.02.1992	
15	13:25.28	Ben	St. Lawrence	N	71181	4	Walnut, USA	16.04.2009	
16	13:25.49	Pat	Carroll	Q	170861	1	Melbourne	07.02.1991	
17	13:25.63	Dave	McNeill	V	60186	1	Stanford, USA	26.03.2010	
18	13:25.77	Steve	Moneghetti	V	260962	2	Melbourne	29.02.1996	
19	13:27.31	John	Andrews	N	90358	1	Melbourne	23.11.1989	
20	13:27.98	Jamie	Harrison	N	211263	2	Melbourne	23.11.1989	
21	13:28.31	Shawn	Forrest	V	100783	8	Heusden, GER	18.07.2009	
(20)									
22	13:28.61	Rod	Higgins	A	240867	2	Melbourne	07.02.1991	
23	13:28.71	Simon	Doyle	Q	91166	3	Melbourne	25.02.1992	
24	13:29.03	David	Evans	V	211269	4	Melbourne	25.02.1992	
25	13:29.07	Malcolm	Norwood	V	280764	3	Melbourne	07.02.1991	
26	13:30.96	Darren	Lynch	V	300866	1	Melbourne	05.02.2000	
27	13:31.20	Ken	Hall	V	250751	4	Christchurch, NZL	19.01.1980	
28	13:32.40	Graham	Crouch	V	110148	1	Melbourne	04.02.1976	
29	13:33.03	Mark	Tucker	V	150879	1	Melbourne	20.11.2003	
30	13:33.21	Paul	Patrick	V	150971	4	Melbourne	25.02.1993	
(30)									